

Chad Massie

Outdoor Adventures Weekly Lesson Plan

Unit: Archery

Topic: Introduction

Objectives: Learning the parts of the bow, safety, proper technique and form.

Activities: Students will learn the rules for safety, what bow is right for each individual, and how to shoot the bow correctly. Students will also make their own bows from material that they find at home.\

Students will also work with the mechanics of increasing draw weights and figuring the % of let off for each bow.

Students will make their home-made bows and compete in most accurate, and longest distance competitions.

Materials: Bows, arrows, targets

Checks for Understanding: observations/ questioning

Standards: A12.1,B12.1, D12.1 – 4, F12.1 – 7, G12.1 - 5

